

Stephanie Kline Newberg, MEd. MSW, LCSW, FLA & PA

www.stephanienuberg.com

610-883-0127

EDUCATION

- 1995- 1997 **University of Pennsylvania**, Philadelphia, PA.
Masters of Social Work
- 1992 - 1994 **Columbia University**, New York, NY
Masters of Education in Counseling & Organizational Psychology, May 1994
- 1988 - 1992 **University of Rochester**, Rochester, NY
Bachelor of Arts, Magna Cum Laude, in Psychology

WORK EXPERIENCE:

CLINICAL

- October 2015-
Present **Andrea Katin and Associates**
Child Custody Evaluator:
Providing custody evaluations for families in Delaware County, PA
- March 2, 2009-
Present **Private Practice, Florida and Pennsylvania licensed psychotherapist**
Owner, psychotherapist
Providing individual, couple, and family psychotherapy as well as co-parenting counseling and divorce mediation. Serving as a consultant to public and private schools for topics relating to adolescent development, cyberbullying, parenting skills, coping with loss and divorce, and mental health and wellness issues.
- April 2001 -
Feb 27, 2009 **Council for Relationships, Philadelphia, Pa.**
Assistant Director, Senior Staff Therapist: Providing individual, couple, and family psychotherapy and family mediation for adults and adolescents. Conducted intakes and provided administrative duties for three satellite offices. Trained in the Practical Application of Intimate Relationship Skills program, Prepare and Enrich Inventories, and led Program for the Education and Enrichment of Relational Skills group for adolescents. Supervised interns in the training program. Involved in developing programs and workshops for schools and organizations. Taught child and adolescent psychopathology course and diversity intensive course for the post-graduate training program.
- April 1998-
April 2001 **Delaware County Professional Services, Newtown Square, Pa.**
Staff Psychotherapist: Provided individual, family, couple psychotherapy and initial intake evaluations within a group practice for adults and adolescents with a variety of psychological disorders including, depression, anxiety, posttraumatic stress disorder, eating disorders, and family conflict and relationship difficulties. Developed an adolescent therapy group and a group for parents of adolescents.
- May 1997-
May 1998 **Counseling and Resource Center, Temple University, Phila., Pa.**
College Counselor: Developed an alumni and student mentor program, taught two freshmen seminar courses, conducted a freshmen year support group and developed workshops on stress and time management and issues relating to college student's developmental needs. Conducted diversity training for student mentors and compiled educational and career resources for students. Provided counseling and advising for at-risk students.

September 1996-
May 1997

Counseling and Psychological Services, University of Pennsylvania, Phila., Pa.
Clinical Social Work Intern: Provided undergraduate and graduate students with psychotherapy, career counseling, crisis intervention, referrals, support and therapy groups, and outreach to the college community. Co-facilitated a mandatory group for students with substance abuse problems and coordinated a group for graduating seniors in transition.

August 1995-
May 1996

Progressions Health System, Media, Pa.
Social Work Intern & Mental Health Counselor: Facilitated family therapy sessions, psychodynamic and psycho educational groups. Provided individual therapy as well as case management for adolescents with a variety of psychiatric disorders including mood disorders, family conflict, substance abuse, and conduct disorder.

October 1994-
August 1995

West Philadelphia Community Mental Health Consortium, Phila, Pa.
Intake Evaluation Specialist: Responsible for interviewing and obtaining comprehensive psychosocial histories and evaluations of individuals referred to The Consortium for mental health and addictions issues. Initiated their treatment plans and referred them to the appropriate inpatient or outpatient programs.

Summer 1994

The Renfrew Center, Phila, PA
Clinical Counselor: Led psycho educational and process oriented therapy groups for women and adolescents with eating disorders and other psychiatric illnesses. Conducted assertiveness training and seminars relating to nutrition and health.

January 1994-
May 1994

Center for Psychological Services, Columbia University, NY, NY
Psychology Practicum Intern: Conducted individual psychological and vocational counseling for university students and clients from the local community. Responsibilities also included the assessment and preparation of psychosocial and intake evaluations and the administration and interpretation of career and personality tests.

August 1993-
May 1994

Center for Counseling and Student Services, Hunter College, NY, NY
Psychology Fieldwork Intern: Taught a freshman orientation seminar, administered individual and academic counseling for a multi-cultural college population, supervised an undergraduate psychology major, and implemented a personal development group on nutrition and body image.

May 1993-
August 1993

Families and Work Institute, NY, NY
Assistant for Policy Dissemination: Researched and developed published fact sheets for corporations and public policy decision makers on work related family issues including the Federal Family and Medical Leave Act of 1993.

ACADEMIC

June 2014-
June 2022

Bryn Mawr College Graduate School of Social Work and Social Research
Adjunct Professor
Professor of the following courses: “Integrative Practice” class for advanced standing students (in person); “Foundation Practice and Field Education” for first year MSW students (in person); “Clinical Social Work with Children and Adolescents” for second year students MSW (in person).

September 2011-
June 2022

Bryn Mawr College Graduate School of Social Work and Social Research
Field Education Liaison, Clinical supervisor, Continuing Education Lecturer
As a liaison, providing educational, evaluative, supportive, administrative services to students within their field internships. Facilitated “Supervision Field Seminar” for second

year clinical social work graduate students (in person and online). Taught “Seminar in Field Instruction (SIFI)” to field instructors/supervisors (in person and online).

August 2014-
May 2015

West Chester University Graduate School of Social Work

Adjunct Professor

Taught two semesters of a course entitled “Advanced Social Work Practice with Individuals” to second year MSW students (in person).

August 1993-
May 1994

College of Physicians and Surgeons of Columbia University, Psychiatric Institute, Department of Child Psychiatry, NY, NY

Research Assistant

Participated in a controlled clinical trial of a multi-modal, family based preventive intervention for children at high risk for the development of antisocial behavior. The program was aimed at modifying the family context of the younger siblings of children and adolescents with a history of antisocial behavior. Responsible for subject recruitment, preparation of assessment measures, data management and analysis.

CONSULTING

March 2, 2009-
May 2011

Consultant to the Council for Relationships, Philadelphia, Pa

Supervised interns in the post graduate training program in couple, individual and family therapy.

May 1998-
Feb. 2009

Consultant to Jewish Children and Family Services, Fort Washington, PA

Provided ongoing consulting services for Jewish schools, agencies, and organizations. *Workshops included:* “Ann Frank Theater Project”; conflict resolution/socialization groups for children; “Mental Health and the Internet”; “Implications for Children of Divorce Continuing Education Seminar”; group for adolescents with chronically ill family members, grief workshop for teens; and “Body Image and Body Integrity” workshop. In addition, provided trainings on teen challenges and parenting issues workshops for a variety of organizations.

March 2001-
May 2003

Consultant for Montgomery County Mediation Center, Norristown. Pa.

Co-mediating family and community mediations and facilitating conflict resolution workshops at high schools and day camps.

ADDITIONAL TRAINING

October 2000

Center for Family and Divorce Mediation, Cherry Hill, NJ: 40 hr training including 2-hour segment on domestic violence.

August 2019

Overcoming Barriers Online Course in collaboration with William James College
High Conflict Co-parenting: Interventions for Children’s Resistance or Refusal of contact with a parent-28 hour course

July 2020

Academy Hour, Online Certification Course for Counseling First responders

PROFESSIONAL MEMBERSHIPS

Association of Family and Conciliation Courts (September 2021-Present)

Pennsylvania Society for Clinical Social work (2009- Present) writing for the clinical voice, society’s publication

National Association of Social Workers (1995- Present)

American Association of Marriage and Family Therapy (2003-2010)

Association for Conflict Resolution (2001- 2004)

Interdisciplinary Dialogue Group, Co-treasurer (affiliated with the APA) (1995-2003)

American Counseling Association (1994-2001)

Society for Spirituality and Social Work (1996- 2002 (secretary 1996-1997)

ADDITIONAL EXPERIENCE

Second Saturday Group facilitator (2015-2018). Psychoeducational group for newly divorced and separated individuals

SpeakUp Organization group facilitator (Spring 2012- Present)

Vice president for Lower Merion Coalition for Youth and Director of Youth Advisory Council (Jan 2010- Present)

Member of the Family in Transition Research Project at the Council for Relationships (Spring 2006-2009)

Member of the Alumni Board of Directors for the Univ. of Pennsylvania School of Social Work (1998-2000)

Stress Management Program Course Leader for Inner City Community Health Center (Philadelphia, PA) (1999)

Young Leadership Council of Jewish Federation, Board member, Chairperson of community service projects and education (Coordinated Mitzvah Project, Panel on Spirituality and HIV, Habitat for Humanity, Presidential Volunteer Summit). Coordinated discussion series on spirituality and Jewish Life (1997-2000)

Conducted E-mail and Internet Training for Undergraduate Students at Temple University (1997)

Conducted Sexual Harassment Training Sessions for the City of New York Employees (1994)

Department of Counseling and Organizational Psychology, Lecture Organizer (1993)

Vice President of the Columbia University's Society for Human Resources (1993)

ACADEMIC PRESENTATIONS

1. Newberg, A., d'Aquili, E.G., & Newberg, S.K. A neuropsychological model of dissociative identity disorder and dissociative phenomena. *Society for the Anthropology of Consciousness Annual Conference, U.C. Berkeley, March, 1996.*
2. Newberg, A. & Newberg, S.K. Neurophysiology and mysticism: Transcending boundaries of science and the humanities. Presented at the symposium entitled, "Psychology at the Limit: Expanding Horizons of Psychology as a Science". *American Psychological Association Annual Meeting. Toronto, Ontario. August, 1996.*
3. Newberg SK, Levine J, Kershaw M. Academic and First Year Support Programs for Deciding Students. *NASPA/NCSD 1998 National Conference, Philadelphia, PA, March, 1998.*
4. Newberg, S.K. Workshop for Nursing Faculty on Differences between Advising and Counseling Nursing Students. *Northeastern Hospital of Temple University Health System, Philadelphia, PA, March, 1998.*
5. Newberg, S.K., Feeser., R., Yanoushis., N., & Coppa., C. The Changing Face of Feminism: a 25-year Perspective on Women's Treatment. *Renfrew Foundation 1999 National Conference for Women, Philadelphia, Pa, November, 1999.*
6. Newberg, S.K., & Newberg, A.B. Stress Management in the Medical Field. *Student Health Service Weekly Medical Conference. Department of Student Health, University of Pennsylvania, Philadelphia, PA, April 18, 2000.*

PROFESSIONAL PUBLICATIONS

1. Newberg, A. B., Newberg, S. K., & d'Aquili, E. G. (1997). The philosophy and psychology of consciousness. *American Psychologist, 52*(2), 177–178.
2. Newberg, A. & Newberg, S.K. (1998). Stress management in medical practice. *Hospital Physician, 34*(6), 52-58.
3. Newberg, A.B., d'Aquili, E.G., Newberg, S.K., & DeMarici, V. (2000). The Neuropsychological Basis of Forgiveness. In McCullough, M.E., Pargament, K.I., & Thoresen, C.E. (editors). *Forgiveness: Theory, Practice, and Research*. New York, NY: The Guilford Press, pp. 91-110.
4. Newberg, S.K. (2022). Mental Health Primer for the Family Lawyer. *Family Advocate, in the Journal of the American Bar Association: Family Law Section. 45*(3), 10-12.

MEDIA ARTICLES AND APPEARANCES

1. "Building a strong foundation with your teen", *The City Paper*, October 4, 2001.
2. "Interview on Father/Daughter Relationships", WMMX Radio Program, Philadelphia, PA, March 7, 2002.

3. "Interview on Parenting Skills", WXPB Public Affairs Radio Program, Philadelphia, PA, March 14, 2002.
4. "Maintaining Intimacy After Children", Parents Express Magazine, May 2002.
5. "Issues Relating to Step-parenting", Radio Times on WHYI, Marty Moss-Cowain, July 17, 2006.
6. "Post Abortion Stress Syndrome", Voices in the Family, Dan Gottlieb on WHYI, September 18, 2006.
7. "Surviving Motherhood", Family Therapist Expert, television series on TLC, October 2006.
8. "Moms on the move, Series on the ION channel, Fall 2007.
9. CBS news and CBSnews.com, Discussion on Alpha and Beta Moms, October 9, 2007.
10. Lower Merion Access Channel, "Health matters, Implications of Bullying and Cyberbullying in the Community" Jan. 2011.
11. "What kids are saying about sexting", focus group published in the New York Times, March 2011.
12. Relationshipadvicecafe.com: a series of short articles on emotional intimacy and ways to have successful relationships. Fall 2013-Spring 2014.

LECTURES AND WORKSHOPS

- "Maintaining Intimacy After Children", The Birth Center, Bryn Mawr. PA, August 2002 & 2003
- "Emotional Connection Through Behavioral Change", 70th Anniversary Treating Couples Conference, Council for Relationships, Philadelphia, PA, November 2, 2002
- "Families, Children, and Divorce: The Importance of Amicable Resolutions", Cheltenham School Night, Cheltenham, PA, March 2003 & April 2006
- "Divorce and Mediation", University of Pennsylvania Continuing Education Program, Jan 2003 and November 2004
- Annual Treating Couples Conference for Council for Relationships, November 2003, "Fallout from Affairs , Helping Adults heal from the effects of their parent's infidelity. November 2003
- "Kids and Divorce: A realistic Look at their experience", Montgomery County Bar Association, November 10, 2003
- "Balancing the Life of Early Childhood Professionals", Beth Hillel Beth-El Synagogue, October 2003
- "Balancing the Life of Early Childhood Professionals", Main Line Reform Temple, October 2003
- "Internet Safety for Adolescents": Seligman Middle School, March 2003, April 2004
- "Stress in the Adolescent World" Speak Up 2000 Organization at Agnes Irwin School, March 2003
- "Adolescent Girls and Sexuality, Implications for personal development", Council for Relationships Program, May 2003
- "Adolescent Girls and Sexuality, Implications for personal development and clinical treatment", CFR Sept 2005, Jan 2006
- "Adolescents and Cutting, Understanding Self-Injurious Behaviors" Foundations Behavioral Health System. Nov. 2005, April 2006
- "Adolescents and trends in self-Injurious Behaviors", NOVA Training Institute, Bucks County, Pa. April 2006
- "Grief in the workplace". Renfrew Center, Phila., PA. March 2005

“Everything You wanted to Know About Relationships but were afraid to ask”, Steven Gelman Memorial Health Forum, Livingston, NJ, April 2006

“Adolescent Mental Health Trends and Treatment”, Continuing Education for Family Services of Montgomery County, Dec. 2006

“Adolescents and the Internet, Implications for Relational Development”, NOVA Training Institute, Bucks County, Pa. October 18, 2007

“Children and High Conflict Divorce”, Continuing Education Series for the Council for Relationships, May 2007

“Depression and the clergy: How to assess and intervene in congregations”. Ardmore, PA April 4, 2009

Entering the career of psychology and psychotherapy, Harriton Career Symposium April 2009 and April 2010

“Implications of Divorce on Children”, Montgomery County Bar Association, Aug 2010

Bryn Mawr College Graduate School of Social work and Social Research, “Adolescents and Cyberbullying, Implications for parents and treatment”, November, 2009 and Ethics of Cyberbullying, November 2010

“Social Networking and Adolescent Development,” 4 part workshop for parents. Agnes Irwin School, Fall 2010

“Cyberbullying and Implications on Emotions and Relationships”, Middleton Center, January 2011

Aids Alive, Speak up, “Bullying and Diversity”, January 2011

“Body Image and Relationships”, Bryn Mawr Lutheran Church, March 2011

“Children and Technology, Implications for Emotions and Relationships”, Agnes Irwin School, March 2011

“Parenting Children in America”, Discussion group at Bryn Mawr Presbyterian Church, April 2011

“Adolescents and Sexuality” ,Bryn Mawr College Graduate School of Social work and Social Research, Continuing Education. November 2011

“Implications of technology on children and adolescents”, Lower Merion High School, In-service Training for administrative staff. , November 2011

“Bullying and Cyberbullying, Implications for emotional development,” .Bryn Mawr College Graduate School of Social work and Social Research, Continuing Education. January 2012

“Effects of body image on self-esteem”, Main Line Reform Temple, Parenting on the Main Line Series. February 2012

Effects of Technology on Middle and High School Students, March 2012.Lower Merion Coalition for Youth. March 2012

“Effects of Technology on Children and Adolescents” .Pennsylvania Society for Clinical Social Work, small group speaker series. March 2012

“The definition of success for our youth today”, Lower Merion Coalition for Youth, Lower Merion, PA. November, 2012

Adolescents and Sexuality Implications for families and treatment, December 2012. Bryn Mawr College Graduate School of Social work and Social Research. , December 2012

“Effects of Technology on Children and Adolescents” ,The Shipley School. , January 2013

“Emotional Development in the Middle School Years, the effects of technology and social networking on relationships”, Welsh Valley Middle School, Lower Merion, PA. April 2013

“Transition to College for Seniors” , Germantown Academy, Speak Up Presentation , April 2013

“Bullying Through the Lifespan: Strategies for dealing with differences”. May 2013. Beth Ner Tamid, Broomall, PA May 2013

“Children and Adolescent Development: How to parent and help children navigate school and technology” Shipley School. October 2013

“Sexuality and Body Image in Adolescence”, Bryn Mawr College Graduate School of Social work and Social Research, January 2014

Family Therapy class, guest lecturer, Philadelphia College of Osteopathic Medicine. January 2014

“Understanding Disabilities, Supporting Parents in school” Swarthmore Media School District. January 2014

“Implications for Divorce on Children: Providing Parental support through the process”, Middleton Center, Bryn Mawr, PA. April 22, 2014 & April 29, 2014

“Cyber relationships and technology: Implications for personal and relational development” ,Sources for Human Services, Eagleville Hospital. May 2014

“Benefits of co-parenting counseling”, Society for Divorce Professionals, Meet Up Group, Ardmore, PA. June 2014

“Benefits of a strong parenting plan”, Support call in, Main Line Family Law Center, Havertown, PA. June 2014

“Understanding and working with students with disabilities”, Administration Training for the Swarthmore, Wallingford School District August 2014

“Cyber relationships, adolescents and Sexuality”, January 2015, Sources for human Services, Belmont Hospital. January 2015

“Benefits of child centered divorce for Families”: Meet UP group for Divorce Professionals, October 2, 2015

“Benefits of a strong parenting plan”, Support call in, Main Line Family Law Center, Havertown, PA. June 2015

Facilitator for Second Saturday Workshop, Emotional Effects of Divorce on Children and Families, Montgomery County Community College, October 10, 2015-October 2018

Pennsylvania Bar Institute, Psychological Effects of Divorce on Children and Families, Presentation for Parenting Coordinators. , March 2020.

“Helping your clients cope with divorce and separation and Clinical implications of co-parent counseling. On- line continuing education webinars for Center for Holistic Healing, May 5, June 30, and September 8, 2023.

“Helping your clients cope with divorce and separation”, Bryn Mawr College Graduate School of Social Work, Office of Professional Development and Continuing Education. October 5, 2023.

“Clinical Implications of co-parenting Counseling”: On- line continuing education for Center for Holistic Healing, May,2024.

“Kids and Divorce, clinical implications”, On- line continuing education for Center for Holistic Healing, May,2024.

“Helping Your clients deal with Separation and Divorce, On-line continuing education for Telehealth Certification Institute. September, 2024.

“Spiritual Youths, The Effects of Spirituality on Well-being”, Jewish Leadership academy, Be well Institute of Greater Miami, March 3, 2024.

“Grey Relationships, Clinical Issues in Aging, Sex , and Health”, Bryn Mawr College Graduate School of Social Work and Social Research, October 5, 2024.

“Co-Parenting Counseling and Custody Evaluations, Clinical Implications for Assessment”. Steve Frankel Group, on-line continuing Education. November 2024.