

Jimmy L. Middlebrook, Ph.D.

Licensed Psychologist

Decisive, self-driven, and visionary leader that effectively leverages upbeat attitude to build positive environments allowing individuals to reach their potential. A strong motivator that inspires teams, organizations, patients, and students to thrive.

SKILLS

- Clinical Interventions
- Psychological Assessment
- Clinical Supervision
- Assessment & Continuous Improvement
- Program Development
- Organizational Design & Strategic Planning
- Curriculum Design
- Training & Development
- Leadership Development
- Research
- Data Analysis
- Stress Management

BEHAVIORAL HEALTHCARE CLINICAL & ASSESSMENT EXPERIENCE

FORENSIC AND CLINICAL PSYCHEXPERTS, LLC (2024 – PRESENT)

- Evidenced-Based Clinical Interventions - CBT
- Children, Adolescents, Adults, and Elderly Populations
- Psychological / Neuropsychological Testing
- ADHD / Learning Disabilities
- Depression / Anxiety / Phobias / OCD / Panic Attacks
- PTSD Evaluations
- Social Skills Training
- Stress Management
- Autism Spectrum Disorders
- Management Consulting
- Dementia Screening
- Veterans' Issues

CLINICAL PSYCHOLOGIST IN BEHAVIORAL HEALTHCARE PRIVATE PRACTICES

TREASURE COAST PSYCHOLOGY, INC. (2017-2023)

MIDDLEBROOK & ASSOCIATES, LLC (1995-2006)

LIFECARE, LLC (1991-1995)

COBB CENTER FOR BEHAVIOR THERAPY (1989-1991)

BEHAVIORAL INSTITUTE OF ATLANTA (1986-1989)

- Worked as Clinical Psychologist dealing with a wide range of child, adolescent, and adult behavioral and emotional disorders
- Co-founded behavioral healthcare practice that grew from a staff of two Ph.D. level professionals to seven Doctoral psychologists, an educational specialist, and two front office personnel
- Expanded physical facility by more than 200% and increased revenues 500%
- Trained office staff in day-to-day office management strategies
- Trained professionals in marketing strategies aimed at increasing referral base
- Negotiated successfully to increase reimbursement rates with managed care companies
- Developed extensive referral network throughout the Atlanta region
- Provided individual therapy, group therapy, family therapy, and consultation with schools

- Conducted extensive psychological evaluations of children, adolescents, and adults with specific emphasis on cognitive processing, learning styles, behavioral characteristics, and personality factors
- Test results were used for diagnosing implementing specific intervention plans
- Therapeutic and educational interventions were empirically based, and ongoing assessment was conducted to provide objective measures of progress.
- Developed an innovative series of social skills training groups that were very well-received
- Developed and co-directed a two-week summer camp for ADHD and LD children for four years

COTLER HEALTHCARE INDEPENDENT CONTRACTOR (2017 – 2023)

CLINICAL PSYCHOLOGIST IN SKILLED NURSING FACILITIES

- Provide behavioral health screening, evaluation, and assessment using a variety of assessment tools for quality measures, baseline, and outcomes measurement
- Perform psychological testing/neuropsychological testing as clinically necessary based on available materials and funding from payer
- Perform a wide variety of evidence base counseling interventions to promote change in clients/patient's thinking, feeling, and behaving and/or to stabilize their condition in order to promote the highest practicable level of physical, cognitive, and psychosocial functioning.
- Provide treatment plan coinciding with the date of first visit and treatment plan reviews every 90 days thereafter
- Collaborate with key facility staff on a routine basis to understand facility needs and concerns about patients and to exchange pertinent clinical information in order to best care for patients
- Provide in-service training for staff at the facilities as requested and approved by management

CLINICAL QUALITY CONTROL SPECIALIST

- Serve as expert in behavioral health assessment, testing, intervention, consultation, and teaching/training
- Conduct clinical competency reviews of newly trained clinicians as assigned
- Provide clinical consultation to clinicians as needed by responding promptly to clinician phone calls
- Support clinician understanding of assessment, intervention, and termination stages of therapy
- Promote compliant service delivery, billing, and documentation practices consistent with training modules and standard of care in the industry

PSYCHOLOGY CLINIC CHIEF

SCOTTISH RITE CHILDREN'S HOSPITAL (NOW CHILDREN'S HOSPITAL OF ATLANTA) 1990-1995

- Submitted and maintained clinic budget for purchasing and payroll.
- Successfully negotiated expanded role for clinic within the hospital.
- Significantly increased referral sources resulting in revenues increasing over 100% in five years.
- Greatly expanded involvement of other health care professionals in the clinic.

TEACHING EXPERIENCE

CORE FACULTY

WALDEN UNIVERSITY, SCHOOL OF PSYCHOLOGY

PH.D. PSYCHOLOGY PROGRAM, CLINICAL SPECIALIZATION

2016 – 2021

VIRTUAL

CHAIR OF STUDENT SUCCESS

AMERICAN INTERCONTINENTAL UNIVERSITY DUNWOODY

2006 - 2008

ATLANTA, GEORGIA

CLINICAL ASSISTANT PROFESSOR OF PEDIATRICS & PSYCHIATRY

EMORY UNIVERSITY SCHOOL OF MEDICINE

1987 - 1995

ATLANTA, GEORGIA

ADJUNCT ASSISTANT PROFESSOR

GEORGIA SCHOOL OF PROFESSIONAL PSYCHOLOGY

1991 - 1993

ATLANTA, GEORGIA

CLINICAL CONSULTANT

PSYCHOLOGICAL STUDIES INSTITUTE

1988 - 1992

ATLANTA, GEORGIA

TEACHER/SUPERVISOR

TRAINING INSTITUTE IN PSYCHOLOGY

UNIVERSITY OF GEORGIA

1983

ATHENS, GEORGIA

Sample Courses Taught:

- Aspects of Psychology
- Leadership and Organizational Behavior
- University Success
- Organization Development
- Tests & Measurement
- Personality Assessment
- Cognitive Behavior Therapy
- Developmental Psychology
- Change Management
- Abnormal Psychology
- Business Management Consulting

EDUCATION & LICENSURE

PH.D. PSYCHOLOGY

University of Georgia, Athens, GA,

1984-86, Clinical Psychology Program, Child Clinical Specialization

Dissertation: *An Investigation of Coping Strategies as Predictors of Adaptation in Families of Handicapped Children*

Supervisor: Rex L. Forehand, Ph.D.

MA PSYCHOLOGY

University of Georgia, Athens, GA

1982-84, Clinical Psychology Program

Thesis: *Maternal Perceptions of Deviance in Child Behavior as a Function of Stress and Clinic versus Non-clinic Status of the Child: An Analogue Study*

Supervisor: Rex L. Forehand, Ph.D.

CLINICAL INTERNSHIP

University of Alabama at Birmingham, Birmingham, AL, 1984-85

- Children's Hospital of Alabama
- Sparks Center for Developmental and Learning Disorders
- Smolian Psychiatric Clinic

BA PSYCHOLOGY

Millsaps College

Jackson, MS

1977-81

LICENSURE

Licensed Psychologist
Georgia #PSY 001137 (1986 - 2016)

Licensed Psychologist
Florida PY9495 (2016 – Current)

ACADEMIC EXPERIENCE

ASSOCIATE DEAN OF ASSESSMENT, OFFICE OF INSTITUTIONAL EFFECTIVENESS

WALDEN UNIVERSITY

(JULY 2017 – MARCH 2024) (*Interim Executive Director of Institutional Effectiveness & Assessment 06/20/20 – 09/21/21*)

- The Associate Dean of Assessment is a full-time academic administrator who reports to the Dean and works closely with the school's administrators, academic advisors, Product Management, Business Operations and Administrative staff.
- Coordinate research, analysis, and evaluation of curricular and programmatic assessments and processes across 3 schools and 18 academic programs.
- Lead strategic planning for evidence-based decision-making activities to improve educational and programmatic outcomes.
- Execute evidence-based best practices in research and assessment to support policy change, curriculum development, student support, and student retention.
- Direct a comprehensive evaluation system for students, faculty, courses, and program success.
- Provide training to Deans, Associate Deans, and Program Directors in use of EAC database used to assess learning outcomes.
- Devise qualitative and quantitative methods of assessment strategies for course/program outcomes to leadership and faculty.
- Played a key role in the detailed review of all assessment processes across the university, including surveying 30 Program Directors; aggregated all assessment data for presentation to Senior Leadership teams that offered clear insight into effective and redundant programs.
- Identified needs and trends, presented graphic data that highlighted results to assessment advisory council to incite change.
- Partnered with the Vice Provost to create a series of strategic data meetings that ascertained the most relevant data needed to monitor program functioning; identified Tableau reports, designed presentations, and established agenda for monthly meetings with all College of Social and Behavioral Science leadership.
- Serve on multiple committees to advance student progress:
 - Psychology Dissertation Progress Committee
 - Diversity, Equity, & Inclusion (DEI)
 - Executive Committee Diversity, Equity, & Inclusion (DEI)
 - Curriculum Subcommittee Dissertation Mentoring
 - Assessment Working Group
 - Inclusive Teaching & Learning Committee
 - Higher Learning Commission (HLC) Criterion 4 - Teaching and Learning: Evaluation and Improvement Subcommittee
 - Higher Learning Commission (HLC) Change of Control Application Core Team
 - Organizational Performance Working Group: KPI task force
 - Curriculum and Academic Policy Committee

CORE FACULTY

WALDEN UNIVERSITY, SCHOOL OF PSYCHOLOGY - PH.D. PSYCHOLOGY PROGRAM, CLINICAL SPECIALIZATION (JANUARY 2016 – JULY 2017)

- Created and modeled a quality learning environment, preparing innovative and engaging lectures in Applied Behavioral Analysis, Cognitive Behavioral Therapy, and Psychopathology, among others.
- Incorporated current technology in the classroom as pedagogically appropriate.
- Employed deep knowledge of best-teaching practices to design curriculum that built problem solving abilities and confidence within students.

ASSOCIATE DEAN OF THE COLLEGE OF UNDERGRADUATE STUDIES

WALDEN UNIVERSITY

(JULY 2012 – DECEMBER 2015)

- Leveraged history of expertise to support a new college by providing leadership for instructional delivery strategies, organizational structure, internal and external communication plans, and implemented multiple initiatives to improve student success.
- Ensured curriculum remained aligned with external crediting agency criteria.
- Utilized Change Management, Project Management and Business Process Management expertise to ensure successful program design, enrollment strategies, faculty acquisition, and governance of new initiatives.
- Appointed Chair of cross-college committee to bridge communication gaps across programs to ensure consistent implementation of programs and courses across all undergraduate programs (20 programs, 13 program directors, 431 faculty)

PROGRAM DIRECTOR, BS PSYCHOLOGY & BS FORENSIC PSYCHOLOGY PROGRAM

WALDEN UNIVERSITY (JULY 2008– JUNE 2012)

- Directed academic and programmatic components of undergraduate Psychology programs including supporting faculty recruitment and development, driving student retention, course development, and learning outcomes.
- Managed updates of admissions and recruitment plans at the program level and provided specific student retention recommendations.
- Advanced short- and long-term goals for accreditation issues, course changes, and staff development crucial to improving the delivery of high-quality program curricula.

CHAIR, STUDENT SUCCESS DEPARTMENT

AMERICAN INTERCONTINENTAL UNIVERSITY DUNWOODY (JULY 2006 – JUNE 2008)

- Responsible for establishing an academic undergraduate department focusing on student success and improving retention.
- The mission of the department was to provide an integrated and interdepartmental approach with the Learning Center, Student Advising and Student Retention to improve the quality of services available to students.

CLINICAL ASSISTANT PROFESSOR OF PSYCHIATRY AND PEDIATRICS

EMORY UNIVERSITY SCHOOL OF MEDICINE (1990-1995)

- Provided clinical supervision and seminars for Psychology, Psychiatry, and Pediatric residents.
- Co-wrote and implemented public health research project funded by the Emory Medical Care Foundation and the Children's Trust Fund and realized substantial savings by reducing cost of service by approximately \$200 per patient.

- Wrote and implemented educational curriculum for parents of high-risk infants.
- Consulted with physicians and nursing staff on implementation procedures.

MANAGEMENT CONSULTING EXPERIENCE

MANAGEMENT CONSULTING PROJECT DIRECTOR

GEORGE S. MAY INTERNATIONAL CONSULTING (2005 – 2006)

SERVED AS STAFF EXECUTIVE AND PROJECT DIRECTOR FOR INTERNATIONAL MANAGEMENT CONSULTING FIRM

- Provided 360-degree feedback to management teams
- Provided assessment of behavioral and leadership characteristics and intellectual potential
- Managed projects from conceptual planning stages to hands on implementation

DIRECTOR OF MANAGEMENT & TRAINING SERVICES

ADVANCED SOLUTIONS FOR TOMORROW, INC. (2001-2005)

DEVELOPED MANAGEMENT AND TRAINING SERVICES FOR A \$20M DEFENSE CONTRACTOR

- Developed plans to implement change management strategies for internal change initiatives
- Developed strategic plan for marketing, revenue generation, and corporate development
- Established Consulting Services division to enhance opportunities for government contracts
- Wrote technical contract proposals that met government contract specifications
- Served as Project Manager for \$200K Leadership Training / IT project for the US Navy

PROJECT MANAGER

COMMTECH TELECOMMUNICATIONS, INC. (2000-2001)

SERVED AS LIAISON BETWEEN AT&T AND PARSONS BRINCKERHOFF MANAGEMENT CONSULTING FIRM

- Trained personnel nationwide regarding effective means for gathering and managing data
- Submitted comprehensive weekly productivity reports to management consultants
- Developed quality control procedures that were implemented nationwide
- Consulted with project managers regarding cost-control measures
- Drafted all high-level written communication to outside agencies

PROFESSIONAL RECOGNITION & ADVOCACY

- **KARL F. HEISER APA PRESIDENTIAL AWARD FOR ADVOCACY** - American Psychological Association 1995
- **PRESIDENT'S LEADERSHIP AWARD** - Georgia Psychological Association 1994
- **FELLOW** - Georgia Psychological Association 1990
- **CH.A.D.D.** - Support group for parents of Attention Deficit Hyperactivity Disorder children
 - Founder of CH.A.D.D. of North Atlanta and CH.A.D.D. of Cobb County
 - Clinical Advisor - CH.A.D.D. of North Atlanta
 - Clinical Advisor - CH.A.D.D. of Cobb County
- **LEARNING DISABILITIES ASSOCIATION OF AMERICA**
 - Professional Advisory Board of Cobb County Association (1990 - 1991)

PROFESSIONAL WORKSHOPS / PRESENTATIONS

LaVigna, L, Middlebrook, J.L., Hagan, B, Rustad, R., Kasim, L., & Garcia, L. (2015, March) Competency Based Education. Plenary Presentation at the Community College Baccalaureate Association Annual Conference, Boston, MA, USA.

- LaVigna, L, Middlebrook, J.L., Hagan, B, Rustad, R., Kasim, L., & Garcia, L. (2015, March) Competency Based Education: What's Startling and New.....and What It Isn't. Presentation at the League for Innovations Annual Conference, Boston, MA, USA.
- Middlebrook, Jimmy L. (2013, March). The Challenges and Rewards of Distance Learning in Baccalaureate Attainment. Symposia at the Community College Baccalaureate Association Annual Conference, Dallas, TX, USA.
- Middlebrook, Jimmy L. (2013, March) Alternative Pathways to the Baccalaureate through Community Colleges: The Distance Learning Model. Presentation at the League for Innovations Annual Conference, Dallas, TX., USA.
- Rustad, R., Middlebrook, J.L., Kasim, L., LaVigna, L., & Garcia, L. (2014, March). Distance Learning: The completion agenda. Symposium conducted at the meeting of the Community College Baccalaureate Association, Anaheim, CA.
- Hagan, B., Middlebrook, J.L., Rustad, R., Kasim, L., LaVigna, L., & Garcia, L. (2014, March) Baccalaureate access and completion: The distance learning model. Symposium conducted at the meeting of the League for Innovation, Anaheim, CA.
- Middlebrook, J.L. and Funderburke, D. (July, 2006) Facilitating Successful Meetings, Institute for Independent Business, Southeast Region, Atlanta, GA
- Middlebrook, J.L. (2005) Managing and Supervising Productivity, Padgitt's Communication Specialists, Waco, TX
- Middlebrook, J.L. & Wilson, J (January, 2005) Education and Training Services. WFI Government Services, Inc. Warner Robins, GA
- Middlebrook, J.L. (2004) ASFT Learning Platform – A Customizable and Affordable Web Based e-Learning Platform, Groton, Connecticut
- Middlebrook, J.L. (2004) ASFT Learning Platform – A Customizable and Affordable Web Based e-Learning Platform. VOLPE National Transportation Systems Center, US Department of Transportation Cambridge, MA
- Middlebrook, J.L. (July, 2004) Interpersonal Communication Skills - Office of Naval Research Global Orientation for Science Advisors and Associate Directors, July 2, 2004, Arlington, VA
- Middlebrook, J.L. (July, 2004) Negotiation Skills and Conflict Management – Office of Naval Research Global Orientation for Science Advisors and Associate Directors, July 1, 2004, Arlington, VA
- Middlebrook, J.L. (September, 2004) Chaos Management, ADI
- Gates, M.J. & Middlebrook, J.L. (April, 1993). Special Children in the Inclusive Classroom. Rocky Mountain Elementary School, Cobb County, Marietta, GA.
- Middlebrook, J.L. & Zweben, R.B. (March, 1993). Social Skills Training for ADHD/LD Children. Workshop at the meeting of the Southeastern Psychological Association, Atlanta, GA.
- Middlebrook, J.L. & Zweben, R.B. (1993, February). Building a Positive Self Esteem in Your ADD Child. Presentation at the Educational Interventions for Attention Deficit Disorders seminar sponsored by CH.A.D.D. and the Georgia Department of Education, Atlanta, GA.
- Middlebrook, J.L. & Zweben, R.B. (1993, February). Social Skills Training for Children. Presentation at the meeting of the Division of Independent Practice of the Georgia Psychological Association, Sea Island, Georgia.
- Middlebrook, J.L. & Zweben, R.B. (March, 1992). Social Skills Training for ADHD/LD Children. Workshop at the meeting of the Southeastern Psychological Association, Knoxville, TN.
- Middlebrook, J.L. & Zweben, R.B. (September, 1991). Social Skills Training in the Classroom. A workshop at the Western North Carolina Symposium on Learning Disabilities and Attention Deficit Disorders, Asheville, NC.
- Middlebrook, J.L. & Zweben, R.B. (June, 1990). Enhancing the Social Skills of the ADHD Child. Workshop for Cobb County School System, Marietta, GA.
- Garber, S.W., Garber, M.D., & Middlebrook, J.L. (1989, February). Essential elements in the successful treatment of Attention Deficit Hyperactivity Disorder. Paper presented at the international meeting of the Association for Children with Learning Disabilities, Miami, FL.
- Middlebrook, J.L., & Galina, B. (1988, October). Recognizing signs of possible learning, behavioral, and emotional problems. Paper presented at the meeting of the Georgia Association for Childhood Education, Georgia Association for Young Children, and the Georgia Preschool Association Joint Conference, Atlanta, GA.

- Kelley, M.L., Jarvie, G., Middlebrook, J.L., McNeer, M.F., & Drabman, R.S. (1983, December). Decreasing pain behavior in burned children undergoing hydrotherapy. Paper presented at the meeting of the Association for Advancement of Behavior Therapy/World Congress on Behavior Therapy, Washington, D.C.
- Middlebrook, J.L., & Forehand, R. (1984, November). The effects of the interaction of child behavior with situational variables on parental perceptions of deviance. Paper presented at the meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Middlebrook, J.L., & Forehand, R. (1987, March). Coping strategies as predictors of adaptation in families of handicapped children. Paper presented at the meeting of the Southeastern Psychological Association, Atlanta, GA.
- Middlebrook, J.L., & Urey, J. (1986, March). Child effects on parental behavior: The behavioral treatment of a selective mute. Paper presented at the meeting of the Southeastern Psychological Association, Orlando, FL.
- Schaughency, E.A., Middlebrook, J.L., Forehand, R., & Lahey, B.B. (1984, November). The relationship of separate facets of marital adjustment to child behavior problems. Paper presented at the meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

PUBLICATIONS

- Burkholder, G, J., Lenio, J., Holland, N., Seidman, A., Neal, D., Middlebrook, J., Jobe, R. (2013). An institutional approach to developing a culture of student Higher Learning Research Communications, 3(3), 16-39. <http://dx.doi.org/10.18870/hlprce.rvs3isi3te.1n2c0e> www.hlrcjournal.com
- Forehand, R., Middlebrook, J., Rogers, T., & Steffe, M. (1984). Dropping out of parent training. Behaviour Research and Therapy, 21 (6), 663-68. February 1983
- Forehand, R., Middlebrook, J., Steffe, M., & Rogers, T. (1984). An examination of some trends in child behavior therapy. Behavioural Psychotherapy, 12, 203-211.
- Forehand, R., Rogers, T., Steffe, M., & Middlebrook, J. (1984). Helping parents help their noncompliant child. Journal of Child and Adolescent Psychotherapy, 1, 6-10.
- Kelley, M.L., Jarvie, G., Middlebrook, J.L., McNeer, M.F., & Drabman, R.S. (1984). Decreasing burned children's pain behavior: Impacting the trauma of hydrotherapy. Journal of Applied Behavioral Analysis, 17, 147-158.
- Middlebrook, J.L., & Forehand, R. (1985). Maternal perceptions of deviance: An analogue study of the interaction of child behavior with stressful situations and child clinic - nonclinic status. Behavior Therapy, 16, 494-502.
- Robertson, S., Silverman, W.K., Middlebrook, J.L., & Drabman, R.S. (1984). An investigation of pledging behavior to a national charitable telethon. Behavior Therapy, 15, 304-311.